

Scientific Program

Organized by



Respiratory Medicine
Department,
University of Ioannina



Institute of Respiratory
Medicine and Health
Promotion (IRHP)



Association
of Internal Medicine
of Northwestern Greece

Under the auspices of



Hellenic
Thoracic Society



Hellenic Chest
Diseases Society



Cyprus
Respiratory Society

What is New in **RESPIRATORY MEDICINE 2026**

October 15th - 17th, 2026

Rhodes, Greece

#WiNRespMed



winrespmed2026.gr

Thursday 15th October 2026 AFTERNOON

Delphi Amphitheatre

16.00-17.00	Introduction and Scope of the Meeting Konstantinos Kostikas (GR), Athanasios Konstantinidis (GR), Athena Gogali (GR)
17:00-21:00	Practical Skills Development Workshop
17:00-21:00	Practical Skills Development Workshop Chairpersons: Ioannis Kalomenidis (GR), Epameinondas Kosmas (GR), Stavros Tryfon (GR) Arterial Blood Gases- A Practical Approach Georgios Hillas (GR) Spirometry and the respiratory lab- a case-based approach Georgios Kaltsakas (GR) Chest X-Ray- The Essentials as taught by Felson Dimitrios Potonos (GR) Chest Ultrasound- Basic Principles Charalampos Moschos (GR) Chest CT scan- patterns and secrets Athena Gogali (GR)

Nausika Hall

17:00 -21:00	Hot Topics in Interventional Pulmonology (VID) Chairpersons: Konstantinos Kostikas (GR), Christos Chronis (GR)
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Friday 16th October 2026 MORNING

Delphi Amphitheatre

09:00-10:30 **What is New in Interstitial Lung Disease**
Chairpersons: **Zoe Daniil** (GR), **Efrosyni Manali** (GR)

Sex and gender in ILD (or AI)
Athena Gogali (GR)

Connective Tissue Disease-ILD
George Margaritopoulos (GR)

Artificial Intelligence in ILD
Lykourgos Kolilekas (GR)

Genetics in IPF and in fibrosis in chILD
Efrosyni Manali (GR)

10:30 -11:00 **Industry Speech**

11:00-11:30 **Keynote Lecture**
Chairperson: **Stelios Loukides** (GR)

Addressing the Global Challenges of COPD and Asthma: A Shared Vision from GOLD and GINA
David Halpin (UK)

11:30-12:00 **Keynote Lecture**
Chairperson: **Nikos Tzanakis** (GR)

Debunking myths about COPD, and building new ones: defeating elephants, racehorses, and icebergs
Joan Soriano (ES)

12:00-12:30 **Keynote Lecture**
Chairperson: **Konstantinos Kostikas** (GR)

What have we learned from real-world large data that RCTs did not teach us
David Price (UK- SG)

12:30 - 13:00 **Industry Speech**

13:00-13:45 **Industry Symposium**

13:45-17:00 **Break**

Nausika Hall

09:00-10:30 **Patient Cases - Part I**
Chairpersons: **Dimosthenis Lykouras** (GR), **Christos Kyriakopoulos**(GR), **Ioannis Tomos** (GR)

Presenters:
Vasileios Angelopoulos (GR)
Marianna Evangelou (GR)
Fotini Trifona (GR)
Vasiliki Athanasopoulou (GR)
Alexandra Roussali (GR)
Aggeliki Miziou (GR)
Spyridon Papandrianos (GR)

11:00-12:30 **What is New in Lung Cancer**
Chairpersons: **Konstantinos Syrigos** (GR), **Mina Gaga** (GR)

Lung Cancer Screening- recent advances and Insights from Israel
Zvi G. Fridlender (IL)

Immunotherapy and new targeted therapies
Maria Saroglou (GR)

Management of adverse events of targeted therapies
Eleftherios Zervas (GR)

Current Surgical Options
Christoforos Foroulis (GR)

14:00 -17:00 Break

Friday 16th October 2026 AFTERNOON

Delphi Amphitheatre

17:00 - 18:30	What is New in COPD Chairpersons: Paschalis Steiropoulos (GR), Konstantinos Porpodis (GR) Timely Diagnosis Konstantinos Katsoulis (GR) Biomarkers and Digital Tools Dimitrios Toumbanakis (GR) Disease Stability and Control Georgios Hillas (GR) Biologics and Novel Treatments in COPD Konstantinos Kostikas (GR)
18.30-19.00	Special Lecture Chairperson: Konstantinos Kostikas (GR) Artificial Intelligence in Data Synthesis and Meta-Analysis Luigino Calzetta (IT)
19.00-19.30	Industry Speech
19.30-20.15	Industry Symposium
20.15-21.00	Keynote Lectures Special Session: Hellenic Respiratory Medicine at the Frontline Chairpersons: Nikos Tzanakis (GR), Konstantinos Kostikas (GR) The (Respiratory) Past and the Future of National Public Health Organization (EODY) Theodoros Vassilakopoulos (GR) The Charta of the Hellenic Thoracic Society Stelios Loukides (GR)

Nausika Hall

17:00-19:00	Hot Topics I - What is New Chairpersons: Paraskevi Katsaounou (GR), Adamantia Liapikou (GR), Katerina Dimakou (GR) Lower Respiratory Tract Infections Christos Kyriakopoulos (GR) Mycobacterial Infections Katerina Manika (GR) Management of bronchiectasis Dragos Bumbacea (RO) Vape/Smoke Induced Lung Disease Stamatoula Tsikrika (GR)
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Saturday 17th October 2026 MORNING

Delphi Amphitheatre

08:00-09:00	Breakfast Symposium
09:00-10:00	What is New in Interventional Pulmonology Chairpersons: Grigoris Stratakos (GR), Fotios Sampsonas (GR) What a difference a Cone Beam CT makes? Philippos Emmanouil (GR) Diagnosis and local ablation in one sitting? What is the current evidence and the future challenges? Nektarios Anagnostopoulos (GR) The potential of intratumoral chemo/immunotherapy. Exploring new horizons Evangelia Koukaki (GR)
10:00-10:30	Keynote Lecture Chairperson: Grigoris Stratakos When do Robotic Bronchoscopes become necessary? Can we rationalize their use? Erik van der Heijden (NL)
10:30-11:00	Industry Speech
11:00-11:30	Keynote Lecture Chairperson: Mina Gaga (GR) The Past and the Future of the ERS Joanna Chorostowska (PL)
11:30-12:30	Keynote Lectures Chairpersons: Petros Bakakos (GR) Konstantinos Kostikas (GR) The Past and the Future of GINA for Asthma Arnaud Bourdin (FR) The Past and the Future of GOLD for COPD Claus Vogelmeier (DE)
10:30-10:40	Meet the Experts - Open Space Session
11:00-11:10	Meet the Experts - Open Space Session
11:30-11:40	Meet the Experts - Open Space Session
12:00-12:10	Meet the Experts - Open Space Session

Foyer

Nausika Hall

09:00-10:30	Patient Cases - Part II Chairpersons: Konstantinos Tatsis (GR), Konstantinos Karagiannis (GR), Kyriakos Karkoulas (GR) Presenters: Marianna Tsoukala (GR) Konstantina Panagiotou (GR) Agamemnon Bakakos (GR) Maria Gkouliavera (GR) Theocharis Georgiadis (GR) Christina Aggelopoulou (GR) Theofilos Vouis (GR)
11:00-13:00	What is New in Sleep Medicine Chairpersons: Sofia Schiza (GR), Athanasios Konstantinidis (GR) Metabolic interventions in Obstructive Sleep Apnea: Current and emerging strategies Paschalis Steiropoulos (GR) Obstructive Sleep Apnea beyond the airway: Cardiovascular risk and implications for treatment Athanasia Pataka (GR) Obesity Hypoventilation Syndrome: Staging, complications, and management Aikaterini Vlami (GR) Digital Sleep Medicine: opportunities and challenges Athanasios Konstantinidis (GR) Limb Movements in Sleep: Evaluation and Therapeutic Implications Dimitra Siopi (GR)
14:00-17:00	Break

Saturday 17th October 2026 AFTERNOON

Delphi Amphitheatre

12:30-13:15	Industry Symposium
13:15-14:00	Industry Symposium
14:00-17:00	Break
17:00-18:30	What is New in Asthma and the Upper Airway Chairpersons: Nikoletta Rovina (GR), Athanasios Konstantinidis (GR), Evangelia Fouka (GR) Rhinitis and chronic rhinosinusitis Georgios Konstantinou (GR) SLIT Immunotherapy in Asthma Real World Evidence Maria Ntakoula (GR) New Targets in Asthma Management Konstantinos Samitas (GR) Precision Medicine Targetting Remission Petros Bakakos (GR)
18:30-19:00	Industry Speech
19:00-19:30	Industry Speech
19:30-20:00	Industry Speech
20:00-20:30	Keynote Lecture Chairperson: Athena Gogali (GR) Acute exacerbation in fibrotic interstitial lung disease Katerina Antoniou (GR)
20:30-21:00	Keynote Lecture Chairperson: George Margaritopoulos (GR) Staging in ILD: integrating severity and short-term disease behaviour Athol Wells (UK)
21:00-21.45	Summary and Closing Remarks Konstantinos Kostikas (GR)

Nausika Hall

17:00-19:00	Hot Topics II - What is New Chairpersons: Iraklis Tsagkaris (GR), Ioanna Mitrouska (GR) Pulmonary Embolism and CTEPH Thomas Raptakis (GR) Pulmonary Hypertension Georgia Pitsiou (GR) Lung Transplantation Frantzesca Frantzeskaki (GR) Non-Invasive Ventilation Ioannis Pantazopoulos (GR)
19:00-21:00	Hot Topics in Sleep Medicine (VID) Chairpersons: Konstantinos Kostikas (GR), Athanasios Konstantinidis (GR)

Industry Speeches / Symposiums

Friday 16th October 2026

Delphi Amphitheatre

10:30 -11:00 Industry Speech
Chairperson: **Nikoleta Rovina** (GR)

RSV and Chronic Respiratory Diseases: Emerging Evidence and Clinical Implications
Dimitrios Toumpanakis (GR)

Sponsored by 

12:30 - 13:00 Industry Speech
Chairperson: **Nikolaos Tzanakis** (GR)

Symptom variability in COPD patients: Pharmacological management
Georgios Hillas (GR)

Sponsored by  Menarini Hellas

13:00-13:45 Industry Symposium
Extrafine Single Inhaler Triple Therapy in Asthma and COPD management
Chairperson: **Petros Bakakos** (GR)

Shifting the treatment paradigm in asthma with triple therapy
Dimitrios Toumpanakis (GR)

Small Airways in COPD: A Window for Timely Intervention
Athena Gogali (GR)

Sponsored by 

19.00-19.30 Industry Speech
Chairperson: **Stylianios Loukides** (GR)

Fixed dosage regimen in asthma: Simplification, Adherence and Control
Eleftherios Zervas (GR)

Sponsored by  Guidotti Hellas

Delphi Amphitheatre

19.30-20.15 Industry Symposium
Prevention and Treatment of Respiratory Infections in the Community
Chairperson: **Konstantinos Kostikas** (GR)

Prevention Strategy for Respiratory Syncytial Virus (RSV): The Role of the Bivalent Vaccine (RSVPreF)
Stylianios Loukidis (GR)

PCV20: A Strategy for Comprehensive Pneumococcal Vaccination in Adults
Paraskevi Katsaounou (GR)

Antiviral Therapy in Early COVID-19: Clinical Experience with Nirmatrelvir/Ritonavir in Patients with Risk Factors
Petros Bakakos (GR)

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Industry Speeches / Symposiums			
Saturday 17 th October 2026			
08:00-09:00 Breakfast Symposium		Delphi Amphitheatre	
		Sponsored by AstraZeneca	
10:30-10:40 Meet the Experts - Open Space Session Discussing treatment options for asthma		Foyer	
		Sponsored by ELPEN	
11:00-11:10 Meet the Experts - Open Space Session Discussing treatment options for asthma		Sponsored by ELPEN	
11:30-11:40 Meet the Experts - Open Space Session Discussing treatment options for asthma		Sponsored by ELPEN	
12:00-12:10 Meet the Experts - Open Space Session Discussing treatment options for asthma		Sponsored by ELPEN	
10:30-11:00 Industry Speech		Delphi Amphitheatre	
		Sponsored by Boehringer Ingelheim	
12:30-13:15 Industry Symposium Therapeutic management of Asthma and COPD with one inhalation daily. Chairperson: Konstantinos Kostikas (GR) The importance of 24-hour action in asthma control with one inhalation daily Eleftherios Zervas (GR) The alliance of three molecules in one device with one inhalation in COPD Athena Gogali (GR)		Sponsored by Menarini Hellas	
13:15-14:00 Industry Symposium Chairperson: Nikolaos Tzanakis Targeting Type 2 Inflammation in COPD: Looking Beyond Exacerbations to Lung Function, Symptoms, and Quality of Life Eleftherios Vrouvakis, Stavros Tryfon		Delphi Amphitheatre	
		Sponsored by sanofi	
18:30-19:00 Industry Speech What is new in eosinophilic COPD and Severe Asthma with T2 inflammation: "Learning from the Experts" Chairperson: Katerina Antoniou (GR)			
18.30-18.35 Introduction Katerina Antoniou (GR)			
18.35- 18.45 What is new in biologics for COPD: From Guidelines to clinical practice Eleftherios Zervas (GR)			
18.45- 18.55 What is new in Severe asthma: From airways remodeling to clinical remission Konstantinos Samitas (GR)			
18.55-19.00 Discussion			
		Sponsored by GSK	
19:00-19:30 Industry Speech One Airway, One Disease: Early Combination Therapy (Azelastine/Fluticasone) in the Management of Allergic Rhinitis Alexios S. Vardouniotis			
		Sponsored by ELPEN	
19:30-20:00 Industry Speech Chairperson: Nikoleta Rovina (GR) PCV21: A New Approach to the Prevention of Pneumococcal Disease in Adults Adamantia Liapikou (GR)			
		Sponsored by MSD	

International Speakers



ARNAUD BOURDIN

Professor of Respiratory Medicine, Head, Respiratory Medicine Department, Arnaud de Villeneuve Hospital, Montpellier, France



DRAGOS BUMBACEA

MD, PhD, MPH, FCCP; Professor and Head of Department of Pneumology, Elias University Emergency Hospital & Carol Davila University of Medicine and Pharmacy, Bucharest, Romania



LUIGINO CALZETTA

Professor of Respiratory Medicine, Unit of Respiratory Clinical Pharmacology, Department of Clinical Science and Translational Medicine University of Rome "Tor Vergata", Rome, Italy



JOANNA CHOROSTOWSKA-WYNIMKO

Professor of Medicine, President of the European Respiratory Society 2025-2026 Head of Department of Genetics and Clinical Immunology National Institute of Tuberculosis and Lung Diseases Warsaw, Poland



ZVI G. FRIDLENDER

Head, Department of Internal Medicine D, Head, Laboratory of lung cancer research, Hadassah-Hebrew University Medical Center Jerusalem, Israel, President, Israeli Society of Pulmonary Medicine, Israel



DAVID HALPIN

Professor of Respiratory Medicine, Consultant Physician & Medical Member First-tier Tribunal, Social Entitlement Chamber, UK



PORSBJERG CELESTE

Professor of Severe Asthma, Department of Respiratory Medicine, Bispebjerg Hospital, Copenhagen, Denmark



DAVID PRICE

Professor of Primary Care Respiratory Medicine, University of Aberdeen, Observational and Pragmatic Research Institute, Singapore, Singapore



JOAN B. SORIANO

Professor, School of Medicine, Universitat de les Illes Balears, Hospital Universitario Son Espases, Palma de Mallorca, Spain, REG President, Spain



ERIK VAN DER HEIJDEN

Professor of Interventional Pulmonology President of European Association for Bronchology and Interventional Pulmonology, Radboud university medical center Department of Pulmonary Diseases, The Netherlands



CLAUS VOGELMEIER

MD, Professor of Medicine and Head Department of Medicine, Pulmonary and Critical Care Medicine, University of Marburg, Germany



ATHOL WELLS

Professor, Consultant, Respiratory Medicine Physician, Royal Brompton Hospital, London, UK

Faculty Members

CHRISTINA AGGELOPOULOU

Resident in Respiratory Medicine, University Department of Respiratory Medicine, “G. Papanikolaou” General Hospital, Thessaloniki, Greece

NEKTARIOS ANAGNOSTOPOULOS

Assistant Professor in Interventional Pulmonology National & Kapodistrian University of Athens, 1st University Department of Respiratory Medicine, “Sotiria” Thoracic Diseases Hospital, Athens, Greece

VASILEIOS ANGELOPOULOS

Resident in Respiratory Medicine, Department of Respiratory Medicine, University Hospital of Ioannina, Greece

AIKATERINI ANTONIOU

Professor of Respiratory Medicine, University of Crete, Molecular & Cellular Pneumology Laboratory, Department of Respiratory Medicine, University Hospital of Heraklion, Greece, ERS Assembly 12 Head

VASILIKI ATHANASOPOULOU

Resident in Respiratory Medicine, 2nd University Department of Respiratory Medicine, Attikon University Hospital

AGAMEMNON BAKAKOS

Pulmonologist, MD, MSc, PhD (c) 1st University Department of Respiratory Medicine, “Sotiria” Thoracic Diseases Hospital

PETROS BAKAKOS

Professor of Respiratory Medicine, National & Kapodistrian University of Athens, 1st University Department of Respiratory Medicine, “Sotiria” Thoracic Diseases Hospital, Secretary General of the Hellenic Thoracic Society, Athens, Greece

CHRISTOS CHRONIS

Respiratory Physician, Consultant, Department of Respiratory Medicine, University Hospital of Ioannina, Ioannina, Greece

ZOI DANIIL

Professor of Respiratory Medicine, University of Thessaly, Director of the Respiratory Medicine Department, University Hospital of Larissa, Greece

AIKATERINI DIMAKOU

f. Director of 5th Respiratory Department and Bronchiectasis Unit, “SOTIRIA” Hospital of Chest Diseases Founding member of the European Bronchiectasis steering group of ERS Scientific Associate of “Attica” Rehabilitation Center Medical Practice. Athens, Greece

PHILIPPOS EMMANOUIL

Respiratory Physician, Scientific Director, Department of Respiratory Medicine, Mediterraneo Hospital, Athens, Greece Secretary, EABIP Regent for Greece, WABIP

MARIANNA EVANGELOU

Resident in Respiratory Medicine, Department of Respiratory Medicine, “G. Papanikolaou” General Hospital, Thessaloniki, Greece

CHRISTOFOROS FOROULIS

Professor of Thoracic Surgery, Aristotle University of Thessaloniki School of Medicine, Thessaloniki

EVANGELIA FOUKA

MD, PhD, MSc, Assistant Professor in Respiratory Medicine National and Kapodistrian University of Athens 2nd Department of Respiratory Medicine University General Hospital Attikon, Athens

FRANTZESCA FRANTZESKAKI

Assistant Professor of Critical Care and Pneumology. 2nd Department of Critical Care, Medical School, University of Athens, “Attikon” Hospital, Athens, Greece

MINA GAGA

Director, 1st Department of Respiratory Medicine, Hygeia Hospital Athens, Greece

THEOCHARIS GEORGIADIS

Resident in Respiratory Medicine, 1st Department of Critical Care, “Evangelismos” General Hospital, Athens, Greece

CHRISTINA GKOULIAVERA

Resident in Respiratory Medicine, University General Hospital of Alexandroupolis, Alexandroupolis, Greece

ATHENA GOGALI

Assistant Professor of Respiratory Medicine, University of Ioannina, Ioannina, Greece

GEORGIOS HILLAS

Associate Professor of Respiratory Medicine National and Kapodistrian University of Athens, Medical School 2nd Respiratory Medicine Department “Attikon” University Hospital, Athens Greece

IOANNIS KALOMENIDIS

Professor of Pulmonology, 1st Department of Critical Care and Pulmonary Medicine, National and Kapodistrian University of Athens, School of Medicine, “Evangelismos” General Hospital, Athens, Greece

GEORGIOS KALTSAKAS

Assistant Professor in Respiratory Medicine, National and Kapodistrian University of Athens, Adjunct Honorary Senior Lecturer, CHAPS, King’s College London

KONSTANTINOS KARAGIANNIS

Rspiratory Medicine Consultant Respiratory Medicine Department, University General Hospital of Heraklion “PAGNI”, Heraklion

KYRIAKOS KARKOULIAS

Associate Professor of Pulmonary Medicine. University Hospital of Patras, Patra, Greece

PARASKEVI KATSAOUNOU

Associate Professor of Respiratory Medicine, National and Kapodistrian University of Athens, Unit of Respiratory Failure, 1st Department of Critical Care, “Evangelismos” General Hospital, Board Member of the Hellenic Thoracic Society, Athens, Greece

KONSTANTINOS KATSOULIS

Respiratory Physician, Head, Department of Respiratory Medicine, 424 General Military Training Hospital, Thessaloniki, Greece

LYKOURGOS KOLILEKAS

Respiratory Physician, Consultant, 7th Department of Respiratory Medicine, “Sotiria” Thoracic Diseases Hospital of Athens, Greece

ATHANASIOS KONSTANTINIDIS

Associate Professor of Respiratory Medicine, University of Ioannina

GEORGE KONSTANTINOU

Colonel Dr (Medical Corps) and Head, Department of Allergy & Clinical Immunology, 424 General Military Training Hospital, Thessaloniki, Greece Adjunct Assistant Professor of Pediatrics (Allergy & Immunology), Division of Pediatric Allergy and the Elliot and Roslyn Jaffe Food Allergy Institute, Icahn School of Medicine at Mount Sinai, New York City, NY, USA

EPAMEINONDAS N. KOSMAS

MD, PhD, FCCP, Scientific Director, Athens Lung Institute, Director, Dept of Respiratory Medicine PNOE & Medical Head, 2nd Internal Medicine Sector, Metropolitan Hospital, Assoc. Clin. Professor, Medical School, University of Nicosia (UNIC), Cyprus

KONSTANTINOS KOSTIKAS

Professor of Respiratory Medicine, University of Ioannina Head Respiratory Medicine Department, University Hospital of Ioannina, Greece

EVANGELIA KOUKAKI

Pulmonologist, 1st University Department of Respiratory Medicine, “Sotiria” Thoracic Diseases Hospital, Athens, Greece

CHRISTOS KYRIAKOPOULOS

Respiratory Physician, Consultant, Department of Respiratory Medicine, University Hospital of Ioannina, Ioannina, Greece

ADAMANTIA LIAPIKOU

MD, PhD, Respiratory Medicine Physician, Director of 5th Respiratory Department, Sotiria Hospital, Athens, Greece

STYLIANOS LOUKIDES

Professor of Respiratory Medicine, National & Kapodistrian University of Athens, 2nd University Department of Respiratory Medicine, “Attikon” University Hospital, Athens, Greece

Faculty Members

DIMOSTHENIS LYKOURAS

Assistant Professor of Respiratory Medicine, University of Patras, Patra

EFFROSINI D. MANALI

Professor of Respiratory Medicine, National & Kapodistrian University of Athens, 2nd Department of Respiratory Medicine, “Attikon” University Hospital, Athens, Greece

KATERINA MANIKA

Professor of Respiratory Diseases and Tuberculosis Head Pulmonary Department, Aristotle University of Thessaloniki “G. Papanikolaou” Hospital Thessaloniki, Greece

GEORGE MARGARITOPOULOS

Consultant in Respiratory Medicine Reader in Interstitial Lung Diseases, “G.Papanikolaou” Hospital, Aristotle University, Thessaloniki, Greece Honorary Clinical Lecturer, Imperial College, London, UK

IOANNA MITROUSKA

Respiratory Medicine Physician, Director, National Health System, Pulmonary Department, University General Hospital of Heraklion, Heraklion, Greece Co-ordinator of the multidisciplinary clinic of Pulmonary Vascular Diseases. University General Hospital of Heraklion

AGGELIKI MIZIOU

Resident in Respiratory Medicine, Department of Respiratory Medicine, University Hospital of Larissa, Larissa, Greece

CHARALAMPOS MOSCHOS

Respiratory Physician-Tuberculosis Specialist, Consultant, Department of Mycobacteriology and Drug Resistant Tuberculosis Unit, “Sotiria” Thoracic Diseases Hospital, Treasurer & Coordinator of Pleural Diseases and Tuberculosis Working Groups of the Hellenic Thoracic Society, Athens, Greece

MARIA NTAKOULA

Consultant Allergist, Department of Allergy, 401 General Military Hospital of Athens, Greece

KONSTANTINA PANAGIOTOU

Resident in Respiratory Medicine, Department of Respiratory Medicine, University Hospital of Ioannina, Greece

IOANNIS PANTAZOPOULOS

Pulmonologist- Intensivist, Associate Professor of Respiratory & Emergency Medicine, Faculty of Medicine, University of Thessaly, Greece, Adjunct Professor of Emergency Medicine, Medical School, University of Bern, Switzerland, Adjunct Professor of Respiratory & Emergency Medicine, Medical School, European University of Cyprus, Nicosia, Cyprus

SPYRIDON PAPANDRIANOS

Resident in Respiratory Medicine, 5th Department of Respiratory Medicine, “Sotiria” Thoracic Diseases Hospital, Athens, Greece

ATHANASIA PATAKA

Professor of Pulmonology- Sleep Disorders, Aristotle University of Thessaloniki, Clinic of Respiratory Failure, General Hospital of Thessaloniki G. Papanikolaou, Thessaloniki, Greece

GEORGIA PITSIU

Professor of Respiratory Medicine, School of Medicine Aristotle University of Thessaloniki, Head, Respiratory Failure Dept “G. Papanikolaou” General Hospital of Thessaloniki, Greece

KONSTANTINOS PORPODIS

Associate Professor of Pulmonology, Medical School, Aristotle University of Thessaloniki, Department of Pulmonology, General Hospital, Thessaloniki, Greece

DIMITRIOS POTONOS

Pulmonologist, Locum Consultant, Department of Respiratory Medicine, University Hospital of Ioannina, Ioannina, Greece

THOMAS RAPTAKIS

Respiratory Physician, Director, 2nd University Department of Respiratory Medicine, “Attikon” University Hospital, Athens, Greece

NIKOLETTA ROVINA

Professor of Respiratory Medicine, National & Kapodistrian University of Athens, Intensive Care Unit, 1st University Department of Respiratory, “Sotiria” Thoracic Diseases Hospital of Athens, Secretary of the Hellenic Thoracic Society, Athens, Greece

ALEXANDRA ROUSSALI

Respiratory Medicine Department, 7th Department of Respiratory Medicine, “Sotiria” Thoracic Diseases Hospital, Athens, Greece

KONSTANTINOS SAMITAS

Respiratory Physician, Consultant, 7th Department of Respiratory Medicine, “Sotiria” Thoracic Diseases Hospital, Athens, Greece

FOTIOS SAMPSONAS

Assistant Professor of Interventional Pulmonology, University of Patras, Patra, Greece

MARIA SAROGLU

MD, MSc, PhD, Respiratory Physician, Department of Respiratory Medicine, General Hospital “G. Papanikolaou”, Thessaloniki, Greece

SOPHIA SCHIZA

MD, PhD, FERS, Professor of Respiratory and Sleep Medicine, Head of ERS Assembly 4 Sleep Disordered Breathing, Head of Dept of Respiratory Medicine abd of Sleep Disorders Center, School of Medicine, University of Crete, Greece, Vice Rector, University of Crete, Greece

DIMITRA SIOPI

Respiratory Physician, Director, Department of Respiratory Medicine, “G. Papanikolaou” General Hospital, Thessaloniki, Greece

PASCHALIS STEIROPOULOS

Professor of Pneumology, Head of the Department of Pneumology, Director of the MSc Program “Sleep Medicine”, Medical School, Democritus University of Thrace, University General Hospital of Alexandroupolis, Alexandroupolis, Greece

GRIGORIS STRATAKOS

Professor of Respiratory Medicine and Interventional Pulmonology, National and Kapodistrian University of Athens Head Interventional Pulmonology Unit 1st Respiratory Medicine Department, NK University of Athens, “Sotiria” Hospital, Greece. Past President, European Association for Bronchology and Interventional Pulmonology

KONSTANTINOS SYRIGOS

Professor of Medicine and Medical Oncology, University of Athens School of Medicine, GR Visiting Professor of Thoracic Oncology, Yale School of Medicine, CT, USA

KONSTANTINOS TATSIS

Respiratory Physician, Assistant Consultant, Department of Respiratory Medicine, University Hospital of Ioannina, Ioannina, Greece

IOANNIS TOMOS

Respiratory Physician, 5th Department of Respiratory Medicine, “Sotiria” Thoracic Diseases Hospital, Athens, Greece

DIMITRIOS TOUBANAKIS

Assistant Professor of Critical Care and Pulmonary Medicine, University Hospital “Attikon”. Medical School, NKUA

FOTEINI TRIFONA

Resident of Pulmonology, Department of Respiratory Medicine, University Hospital of Patras, Patras, Greece

STAVROS TRYFON

MD, PhD, FCCP, Respiratory Physician, Head of the NHS Department of Respiratory Medicine, “G. Papanikolaou” General Hospital, President of the Hellenic Chest Diseases Society, Thessaloniki, Greece

IRAKLIS TSAGKARIS

Professor of Pulmonary and Critical Care Medicine, National & Kapodistrian University of Athens, Director- 2nd Department of Critical Care Medicine, “Attikon” University Hospital, Athens, Greece

Faculty Members

STAMATOULA TSIKRIKA

MD, PhD, Chair of ERS 6.3 group, Secretary and Treasurer of UEMS Pneumology Section Member of Management Council of European Board for Accreditation in Pneumology (EBAP), President of Hellenic Union of Pulmonologist

MARIANNA TSOUKALA

Resident in Respiratory Medicine, Department of Respiratory Medicine, University Hospital of Ioannina, Greece

NIKOLAOS TZANAKIS

Professor Emeritus of Respiratory Medicine, University of Crete, Department of Respiratory Medicine, University Hospital of Heraklion, Vice-President of the Hellenic Thoracic Society, Crete, Greece

ALEXIOS S. VARDOUNIOTIS

ENT Surgeon, ENT Consultant, St Mary's Treatment Center, Portsmouth, UK

THEODOROS VASSILAKOPOULOS

Professor of Respiratory-Critical Care Medicine, National & Kapodistrian University of Athens, Director, 3rd Department of Critical Care, "Evgenideion" Hospital, Consultant Respiratory Physician, "Laiko" General Hospital, Athens, Greece, Adjunct Professor, McGill University, Montreal, Canada

AIKATERINI VLAMI

Respiratory Physician, Consultant, 2nd University Department of Respiratory Medicine, "Attikon" University Hospital, Athens, Greece

THEOFILOS VOUIS

Resident of Pulmonology, Unit of Sleep Disorders, Department of Respiratory Medicine, University Hospital of Heraklion, Heraklion, Greece

ELEFThERIOS VROUVAKIS

Respiratory Physician, Head, Dept of Respiratory Medicine "Breath" Metropolitan Hospital, Athens, Greece

ELEFThERIOS ZERVAS

Respiratory Physician, Director of 7th Department of Respiratory Medicine, "Sotiria" Thoracic Diseases Hospital, Athens, Greece

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